Alternating Weeks Custody Calendar 2026–2027 (Week On, Week Off)

A week on, week off custody calendar for 2026 and 2027, already filled in from an example start date. Each letter is the parent the child sleeps at that night. Set your own start date, exchange day and who is A or B in the spreadsheet, and follow your own order or agreement.

The pattern: A 14-night cycle: 7 nights in a row with A, then 7 nights in a row with B, with one exchange on the same weekday each week (a Friday in this example).

Example start date (night 1 of the cycle): Friday, January 2, 2026. Every page after this one is filled in from that date. Your own start date and who is A or B will likely be different.

Fri	Sat	Sun	Mon	Tue	Wed	Thu
A Jan 2	**A** Jan 3	**A** Jan 4	**A** Jan 5	**A** Jan 6	**A** Jan 7	**A** Jan 8
B Jan 9	**B** Jan 10	**B** Jan 11	**B** Jan 12	**B** Jan 13	**B** Jan 14	**B** Jan 15

Key

A =	
B =	
Exchange day, time and place	
Holidays and school breaks	
Agreed swaps (date agreed)	

Read this first

- This is an example. The letters start from the example start date shown on the key page. If your rotation starts on another date, or the other parent has the first stretch, use the spreadsheet: change the start date or swap the letters and every night re-fills.
- Mark nights, not days: each letter is the parent the child sleeps at that night. How overnights are counted can differ by order or court.
- Holidays, school breaks and agreed swaps usually change some nights. Write them on the key page or over the letter in the spreadsheet.
- Your order, parenting plan or local rules control. This calendar doesn’t say which schedule to choose or how a court decides.

General template for organizing your own information. It is not legal advice and not a court-approved form. Court rules and required forms vary by state and county, so check your court's local rules and self-help center. Blank version, other years and the free parenting time calculator: custodycommander.com/templates/custody-calendar-template/ and custodycommander.com/tools/parenting-time-calculator/.

2026 alternating weeks custody calendar · example start Fri Jan 2, 2026

January 2026

S	M	T	W	T	F	S
				1 B	2 A	3 A
4 A	5 A	6 A	7 A	8 A	9 B	10 B
11 B	12 B	13 B	14 B	15 B	16 A	17 A
18 A	19 A	20 A	21 A	22 A	23 B	24 B
25 B	26 B	27 B	28 B	29 B	30 A	31 A

Nights A: 16 B: 15

February 2026

S	M	T	W	T	F	S
1 A	2 A	3 A	4 A	5 A	6 B	7 B
8 B	9 B	10 B	11 B	12 B	13 A	14 A
15 A	16 A	17 A	18 A	19 A	20 B	21 B
22 B	23 B	24 B	25 B	26 B	27 A	28 A

Nights A: 14 B: 14

March 2026

S	M	T	W	T	F	S
1 A	2 A	3 A	4 A	5 A	6 B	7 B
8 B	9 B	10 B	11 B	12 B	13 A	14 A
15 A	16 A	17 A	18 A	19 A	20 B	21 B
22 B	23 B	24 B	25 B	26 B	27 A	28 A
29 A	30 A	31 A				

Nights A: 17 B: 14

April 2026

S	M	T	W	T	F	S
			1 A	2 A	3 B	4 B
5 B	6 B	7 B	8 B	9 B	10 A	11 A
12 A	13 A	14 A	15 A	16 A	17 B	18 B
19 B	20 B	21 B	22 B	23 B	24 A	25 A
26 A	27 A	28 A	29 A	30 A		

Nights A: 16 B: 14

May 2026

S	M	T	W	T	F	S
					1 B	2 B
3 B	4 B	5 B	6 B	7 B	8 A	9 A
10 A	11 A	12 A	13 A	14 A	15 B	16 B
17 B	18 B	19 B	20 B	21 B	22 A	23 A
24 A	25 A	26 A	27 A	28 A	29 B	30 B
31 B						

Nights A: 14 B: 17

June 2026

S	M	T	W	T	F	S
	1 B	2 B	3 B	4 B	5 A	6 A
7 A	8 A	9 A	10 A	11 A	12 B	13 B
14 B	15 B	16 B	17 B	18 B	19 A	20 A
21 A	22 A	23 A	24 A	25 A	26 B	27 B
28 B	29 B	30 B				

Nights A: 14 B: 16

July 2026

S	M	T	W	T	F	S
			1 B	2 B	3 A	4 A
5 A	6 A	7 A	8 A	9 A	10 B	11 B
12 B	13 B	14 B	15 B	16 B	17 A	18 A
19 A	20 A	21 A	22 A	23 A	24 B	25 B
26 B	27 B	28 B	29 B	30 B	31 A	

Nights A: 15 B: 16

August 2026

S	M	T	W	T	F	S
						1 A
2 A	3 A	4 A	5 A	6 A	7 B	8 B
9 B	10 B	11 B	12 B	13 B	14 A	15 A
16 A	17 A	18 A	19 A	20 A	21 B	22 B
23 B	24 B	25 B	26 B	27 B	28 A	29 A
30 A	31 A					

Nights A: 17 B: 14

September 2026

S	M	T	W	T	F	S
		1 A	2 A	3 A	4 B	5 B
6 B	7 B	8 B	9 B	10 B	11 A	12 A
13 A	14 A	15 A	16 A	17 A	18 B	19 B
20 B	21 B	22 B	23 B	24 B	25 A	26 A
27 A	28 A	29 A	30 A			

Nights A: 16 B: 14

October 2026

S	M	T	W	T	F	S
				1 A	2 B	3 B
4 B	5 B	6 B	7 B	8 B	9 A	10 A
11 A	12 A	13 A	14 A	15 A	16 B	17 B
18 B	19 B	20 B	21 B	22 B	23 A	24 A
25 A	26 A	27 A	28 A	29 A	30 B	31 B

Nights A: 15 B: 16

November 2026

S	M	T	W	T	F	S
1 B	2 B	3 B	4 B	5 B	6 A	7 A
8 A	9 A	10 A	11 A	12 A	13 B	14 B
15 B	16 B	17 B	18 B	19 B	20 A	21 A
22 A	23 A	24 A	25 A	26 A	27 B	28 B
29 B	30 B					

Nights A: 14 B: 16

December 2026

S	M	T	W	T	F	S
		1 B	2 B	3 B	4 A	5 A
6 A	7 A	8 A	9 A	10 A	11 B	12 B
13 B	14 B	15 B	16 B	17 B	18 A	19 A
20 A	21 A	22 A	23 A	24 A	25 B	26 B
27 B	28 B	29 B	30 B	31 B		

Nights A: 14 B: 17

2026 totals in this example: nights A 182 nights B 183 (365 nights). Example only; your order or court may count overnights differently.

2027 alternating weeks custody calendar · example start Fri Jan 2, 2026

January 2027

S	M	T	W	T	F	S
					1 A	2 A
3 A	4 A	5 A	6 A	7 A	8 B	9 B
10 B	11 B	12 B	13 B	14 B	15 A	16 A
17 A	18 A	19 A	20 A	21 A	22 B	23 B
24 B	25 B	26 B	27 B	28 B	29 A	30 A
31 A						

Nights A: 17 B: 14

February 2027

S	M	T	W	T	F	S
	1 A	2 A	3 A	4 A	5 B	6 B
7 B	8 B	9 B	10 B	11 B	12 A	13 A
14 A	15 A	16 A	17 A	18 A	19 B	20 B
21 B	22 B	23 B	24 B	25 B	26 A	27 A
28 A						

Nights A: 14 B: 14

March 2027

S	M	T	W	T	F	S
	1 A	2 A	3 A	4 A	5 B	6 B
7 B	8 B	9 B	10 B	11 B	12 A	13 A
14 A	15 A	16 A	17 A	18 A	19 B	20 B
21 B	22 B	23 B	24 B	25 B	26 A	27 A
28 A	29 A	30 A	31 A			

Nights A: 17 B: 14

April 2027

S	M	T	W	T	F	S
				1 A	2 B	3 B
4 B	5 B	6 B	7 B	8 B	9 A	10 A
11 A	12 A	13 A	14 A	15 A	16 B	17 B
18 B	19 B	20 B	21 B	22 B	23 A	24 A
25 A	26 A	27 A	28 A	29 A	30 B	

Nights A: 15 B: 15

May 2027

S	M	T	W	T	F	S
						1 B
2 B	3 B	4 B	5 B	6 B	7 A	8 A
9 A	10 A	11 A	12 A	13 A	14 B	15 B
16 B	17 B	18 B	19 B	20 B	21 A	22 A
23 A	24 A	25 A	26 A	27 A	28 B	29 B
30 B	31 B					

Nights A: 14 B: 17

June 2027

S	M	T	W	T	F	S
		1 B	2 B	3 B	4 A	5 A
6 A	7 A	8 A	9 A	10 A	11 B	12 B
13 B	14 B	15 B	16 B	17 B	18 A	19 A
20 A	21 A	22 A	23 A	24 A	25 B	26 B
27 B	28 B	29 B	30 B			

Nights A: 14 B: 16

July 2027

S	M	T	W	T	F	S
				1 B	2 A	3 A
4 A	5 A	6 A	7 A	8 A	9 B	10 B
11 B	12 B	13 B	14 B	15 B	16 A	17 A
18 A	19 A	20 A	21 A	22 A	23 B	24 B
25 B	26 B	27 B	28 B	29 B	30 A	31 A

Nights A: 16 B: 15

August 2027

S	M	T	W	T	F	S
1 A	2 A	3 A	4 A	5 A	6 B	7 B
8 B	9 B	10 B	11 B	12 B	13 A	14 A
15 A	16 A	17 A	18 A	19 A	20 B	21 B
22 B	23 B	24 B	25 B	26 B	27 A	28 A
29 A	30 A	31 A				

Nights A: 17 B: 14

September 2027

S	M	T	W	T	F	S
			1 A	2 A	3 B	4 B
5 B	6 B	7 B	8 B	9 B	10 A	11 A
12 A	13 A	14 A	15 A	16 A	17 B	18 B
19 B	20 B	21 B	22 B	23 B	24 A	25 A
26 A	27 A	28 A	29 A	30 A		

Nights A: 16 B: 14

October 2027

S	M	T	W	T	F	S
					1 B	2 B
3 B	4 B	5 B	6 B	7 B	8 A	9 A
10 A	11 A	12 A	13 A	14 A	15 B	16 B
17 B	18 B	19 B	20 B	21 B	22 A	23 A
24 A	25 A	26 A	27 A	28 A	29 B	30 B
31 B						

Nights A: 14 B: 17

November 2027

S	M	T	W	T	F	S
	1 B	2 B	3 B	4 B	5 A	6 A
7 A	8 A	9 A	10 A	11 A	12 B	13 B
14 B	15 B	16 B	17 B	18 B	19 A	20 A
21 A	22 A	23 A	24 A	25 A	26 B	27 B
28 B	29 B	30 B				

Nights A: 14 B: 16

December 2027

S	M	T	W	T	F	S
			1 B	2 B	3 A	4 A
5 A	6 A	7 A	8 A	9 A	10 B	11 B
12 B	13 B	14 B	15 B	16 B	17 A	18 A
19 A	20 A	21 A	22 A	23 A	24 B	25 B
26 B	27 B	28 B	29 B	30 B	31 A	

Nights A: 15 B: 16

2027 totals in this example: nights A 183 nights B 182 (365 nights). Example only; your order or court may count overnights differently.