

Custody Exchange & Visitation Log

One row for every scheduled pickup and drop-off. After a few months this becomes a clear, hard-to-argue-with picture of how exchanges actually go.

[illegible]

Date	Scheduled	Actual	Location	Who dropped off / picked up	On time / late / missed	Notice given? (how, when)	Notes / proof

Monthly summary. Scheduled exchanges: ____ On time: ____ Late: ____ (average ____ minutes) Missed: ____ Notice given: ____

General template for organizing your own information. It is not legal advice and not a court-approved form. Court rules and required forms vary by state and county, so check your court's local rules and self-help center. Doing this by hand takes hours: Custody Commander organizes evidence, builds your timeline and exports court-ready PDFs — free tier and a 14-day free trial at custodycommander.com.